### Tissues

Biology 260 M. Iyengar

# **Body Tissues**

• All humans start out as a single, fertilized egg that divides endlessly



 Cells specialize for particular functions.

 Division of labor in the body with all functions benefiting the whole organism

# **Developmental Aspects of Tissues**



16-day-old embryo (dorsal surface view)



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- Embryo = sperm + egg
  - $\rightarrow$  Cell division  $\rightarrow$  Tissues  $\rightarrow$  body
- Primary germs layers → where all body tissues come from
  - Superficial to deep:
    - Ectoderm
      - Nerve tissue
      - Some Epithelial tissues
    - Mesoderm
      - Muscle and connective tissues
      - Some Epithelial tissues
    - Endoderm
      - Some Epithelial tissues

# **The Living Fabric**

- Tissues groups of cells with similar structure that work together to perform a necessary function of life.
  - Four basic tissue types:
    - Epithelial

Connective

Muscle

Nervous



# **Epithelial Tissue**

- Epithelial tissue (**epithelium**) is a sheet of cells that covers body surfaces or cavities
- Two main forms:
  - Coverings and linings
    - On external and internal surfaces = skin, mucosa, serosa
  - Glandular
    - Tissue that produces and releases substances like hormones, saliva, sweat, oil
- Specific functions include:
  - protection, absorption, filtration, excretion, secretion, and sensory reception

### **Characteristics of ALL Epithelial Tissues**

#### 1. Polarity

- The top (apical) surface is free exposed to air
- The lower surface rests on a basement membrane
  - Secreted by ET & CT cells

#### 2. Specialized cell-to-cell contacts – cell junctions

- 3. Supported by connective tissues Basement membrane
- 4. **Avascular**, **but innervated** no direct blood supply, usually have nerves or neurons
- 5. **Regeneration** can create new cells easily

### Special Characteristics of Epithelial Tissues



# **Classification / Naming of Epithelial Tissues**

- First name indicates number of cell layers
  - *Simple* one layer of cells
    - Passive diffusion, absorption, & secretion
  - Stratified more than one layer of cells
    - Durable and help protect underlying tissues/organ
- Last name describes shape of cells
  - Squamous cells wider than tall ; plate-like
  - *Cuboidal* cells are as wide as tall; like cubes
  - Columnar cells are taller than they are wide; like columns



# **Epithelial Tissues**

#### Simple Cuboidal-



- Simple cuboidal epithelial cells
- Basement membrane
- Connective tissue

Photomicrograph: Simple cuboidal epithelium in kidney tubules (250×).

#### Simple squamous



Air sacs of lungs

Nuclei of squamous epithelial cells

Photomicrograph: Simple squamous epithelium forming part of the alveolar (air sac) walls (185×).

#### Simple columnar



Photomicrograph: Simple columnar epithelium of the small intestine (430×).

#### Pseudostratified columnar



Pseudostratified epithelial layer

Basement membrane Connective tissue

Photomicrograph: Pseudostratified ciliated columnar epithelium lining the human trachea (430×).

#### **Stratified squamous**



Stratified squamous epithelium

Basement

membrane

Connective

tissue

Nuclei

**Photomicrograph: Stratified** squamous epithelium lining of the esophagus (140×).

#### Transitional



Photomicrograph: Transitional epithelium lining of the bladder, relaxed state (270×); surface rounded cells flatten and elongate when the bladder fills with urine.

# **Types of Simple Epithelium**

	<u>Squamous</u>	<u>Cuboidal</u>	Columnar
Function(s)	Diffusion, osmosis, secretion, filtration	Secretions and absorption	Secretion and absorption
Location(s)	Serous membranes Lungs Blood vessels & heart linings	Kidney tubules Small Glands Ovary surface	Digestive tract lining Lines respiratory tract Lines uterine tubes
Image	Air sacs of lungs     Air sacs of lungs     Nuclei of squamous epithelial cells     Photomicrograph: Simple squamous epithelium forming part of the alveolar (air sac) walls (185×).	Simple cuboidal epithelial cells Basement membrane Connective tissue Photomicrograph: Simple cuboidal epithelium in kidney tubules (250×).	Simple columnar epithelial cell Goblet cell Basement membrane Connective tissue

# **Stratified Epithelia**

- Stratified squamous
  - Multiple cells at the free surface are squamous
    - Cells near basement are cuboidal or columnar
  - Functions to provide protection
  - Locations
    - Skin
    - Mouth
    - Esophagus
    - Pharynx
    - Vagina



# **Classification of Epithelium**



Photomicrograph: Pseudostratified ciliated columnar epithelium lining the human trachea (430×).



**Photomicrograph:** Transitional epithelium lining of the bladder, relaxed state (270×); surface rounded cells flatten and elongate when the bladder fills with urine.

- Exceptions to the naming rule:
  - Pseudostratified columnar epithelium
    - "Pseudo" = false
    - Cells vary in height and appear to be in many layers, but are in a single layer
    - Involved in secretion
    - Lines the upper respiratory trace
  - Transitional epithelium
    - Basal layer cells are cuboidal or columnar
    - cells to change shape when stretched
    - Allows organs to stretch
    - Lines urinary bladder, ureters, & urethra

# **Glandular Epithelium**

 Gland - One or more cells responsible for secreting a product



Exocrine gland

- Secretions empty through openings (ducts) to the epithelial surface
- Include sweat and oil glands

#### Endocrine gland

- Ductless secretions diffuse into blood vessels
- All secretions are hormones

## **Glandular Epithelium**

- Classified by:
  - Site of product release:
    - Endocrine vs. Exocrine
  - Number of cells forming the gland
    - Unicellular: 1 cell Example = goblet cell
      Produces mucus
    - Multicellular: many cells Example = salivary glands, pancreas, sweat glands
      - Merocrine: most secrete products by exocytosis as they are produced
        - » (sweat, pancreas)
      - Holocrine: accumulate products within, then rupture
        - » (sebaceous oil glands)





<sup>(</sup>a) Merocrine glands secrete their products by exocytosis.

# **Covering and Lining Membranes**

 Composed of at least two primary tissue types: an epithelium bound to underlying CT proper layer

- Three types:
  - Cutaneous membranes
  - Mucous membranes
  - Serous membranes



### Mucous Membranes

- Also called **mucosae** 
  - Line body cavities that are open to the exterior (example: digestive, respiratory, urogenital tracts)
- Moist membranes bathed by secretions or urine
- Epithelial sheet lies over layer of loose connective tissue called **lamina propria**
- May secrete mucus

### **Serous Membranes**

- Also called serosae
- Found in closed ventral body cavities
  - Constructed from simple squamous epithelium resting on thin areolar CT
    - Parietal
    - Visceral
    - Cavity between layers is filled with slippery serous fluid,
  - Special names given to show location:
    - pleurae
    - pericardium
    - Peritoneum

### **Connective Tissue**

- The most abundant, widely distributed, and diverse group of tissues.
  - 1. All have common embryonic origin
    - all arise from mesenchyme tissue
  - 2. Have varying degrees of vascularity (blood supply)
  - 3. Cells surrounded by an extracellular matrix (ECM)
- Specific functions include:
  - binding and support
  - protecting
  - insulating
  - storing reserve fuel
  - transporting substances (blood)

## **Connective Tissue Characteristics**

### 1. Living cells

- **"blast"** immature cells that make ground substance
- "cyte" mature cells that maintain tissue health

### 2. Extracellular Matrix (ECM)

- Ground substance: material that fills space between cells
  - Different for each tissue; Hard  $\rightarrow$  liquid
- Fibers: provide support for cells and create a fabric-like tissue
  - Collagen strong & tough  $\rightarrow$  collagen boosters
  - Elastic stretch & recoil  $\rightarrow$  elastic waist band
  - Reticular branched & mesh-like  $\rightarrow$  spider web

#### Cell types

#### **Extracellular matrix**



### **Classification of Connective Tissues**



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## **Connective Tissues**



# **Types of CT Proper**

	<u>LOOSE</u> = open ECM		
	Areolar	Adipose	Reticular
Cells	Fibroblasts	Adipocytes	Reticular
Fibers	Collagen Elastic Reticular	Collagen	Reticular
Function(s)	Strength, elasticity & support	Insulation, support & protection	Filtration of blood Binds smooth muscle
Location(s)	Papillary layer of the dermis Around organs	Under skin Around organs	Liver Spleen Lymph nodes
Image	Elastic fibers Collagen fibers Fibroblast nuclei Photomicrograph: Areolar connective tissue, a soft packaging tissue of the body (270×).	Vacuole containing fat droplet Nuclei of fat cells Photomicrograph: Adipose tissue from the subcutaneous layer beneath the skin (570×).	-White blood cell (lymphocyte) - Reticular fibers - Reticular fibers - Reticular fibers

# **Types of CT Proper**

	<u>DENSE</u> = ECM packed with fibers		
	Regular	Irregular	Elastic
Cells	Fibroblasts		
Fibers	Regularly arranged collagen fibers	Irregularly arranged collagen fibers	Regularly arranged elastic fibers
Function(s)	Helps with attachment & resists pulling	Helps with attachment & resists pulling	Allows for expansion and contraction of some organs
Location(s)	Tendons Ligaments	Dermis Around muscles Heart valves	Walls of large arteries Vertebrae ligaments
Image	Parallel collagen bundles - Fibroblasts - Ground substance	- Irregular collagen bundles - Ground substance - Fibroblasts LM (316x)	Parallel elastic fibers Ground substance

# Fluid CT

![](_page_24_Picture_1.jpeg)

![](_page_24_Picture_2.jpeg)

Photomicrograph: Smear of human blood (1300x)

- Blood (vascular tissue)
  - Blood cells surrounded by fluid matrix called blood plasma
  - Fibers are proteins that are visible during clotting
  - Functions to transport materials throughout the body
    - O<sub>2</sub>, CO<sub>2</sub>, nutrients, waste, etc
- Lymph
  - Protein-rich interstitial fluid that enters lymphatic vessels

# **Types of Support CT**

	<u>CARTILAGE</u> = Gel-like ECM		<u>BONE</u> = Hard	
	Hyaline	Elastic	Fibrocartilage	calcium ECM
Cells	Chondrocytes in a lacuna		Osteocytes in a lacuna	
Fibers	Thin collagen	Elastic	Thick collagen	Collagen
Function(s)	Flexibility and support Smooth surface for joint movements	Strength and elasticity Maintains shape	Support and joining structures Strength and rigidity	Protects organs Provides support for the body Assist with movement
Location(s)	Nose Fetal skeleton Ends of long bones Rib cartilage	External ear	Pubic symphysis Intervertebral discs	Skeleton
Images	Chondrocyte In lacuna Matrix Photomicrograph: Hyaline cartilage from the traches (400×).	Chonstrocytes In Iteanse Elastie fibers Late fibers	Chondrocytes in lacunae Collagen fiber Photomicrograph: Fibrocartilage of an intervertebral disc (150×).	Central canal Lacunae Lamella Photomicrograph: Cross-sectional view of ground bone (165×).

# **Muscle Tissue**

![](_page_26_Picture_1.jpeg)

- Common structures
  - Highly vascularized
  - Muscle cells possess myofilaments, actin and myosin proteins that cause movement
- Function is to produce movement
  - Voluntary or involuntary
- Three types:
  - Skeletal muscle
  - Cardiac muscle
  - Smooth muscle

# **Types of Muscle Tissue**

	<u>Skeletal</u>	<u>Cardiac</u>	<u>Smooth</u>
Cell Shape	Long, cylindrical	Short, branched	Medium, spindle shaped
Cell structures	Many nuclei Obvious striations	One nucleus Obvious striations Intercalated discs	One nucleus No striations
Function	Movement of bones or skin	Movement of blood thru the heart	Movement of substances thru a hollow organ
Location	Attached to bones	Walls of the heart	Walls of hollow organs
Image	Part of muscle fiber Photomicrograph: Skeletal muscle (approx. 250x).	Intercalated discs Nucleus Photomicrograph: Cardiac muscle (800x).	Smooth muscle cell Nuclei Photomicrograph: Sheet of smooth muscle (approx. 250x).

# **Muscle Tissues**

#### Smooth muscle

![](_page_28_Picture_2.jpeg)

Photomicrograph: Sheet of smooth muscle (approx. 250x).

#### Skeletal muscle-

![](_page_28_Picture_5.jpeg)

Photomicrograph: Skeletal muscle (approx. 250x).

![](_page_28_Picture_7.jpeg)

#### **Cardiac muscle**

![](_page_28_Picture_9.jpeg)

Photomicrograph: Cardiac muscle (800x).

## **Nervous Tissue**

![](_page_29_Picture_1.jpeg)

Composed of neurons and neuroglia

Neurons:

- Dendrites: Receive incoming messages & send them to the cell body
- Cell body: metabolic, control center
- Axon: Generate nerve impulse & conduct them way from the cell body

• Function: Convert stimuli into nerve impulses and send these impulses to other neurons, muscle cells, or glands.

### **Nervous Tissue**

![](_page_30_Figure_1.jpeg)